



## Salad Bar Resources

### Let's Move Salad Bars to Schools

<http://saladbars2schools.org/>

### Fruits and Veggies—More Matters®

[www.fruitsandveggiesmorematters.org](http://www.fruitsandveggiesmorematters.org)

[www.fruitsandveggiesmatter.gov](http://www.fruitsandveggiesmatter.gov)

### **USDA Resources:**

#### Report on School Lunch Salad Bar Use from SNDA-II (1998-99)

<http://www.fns.usda.gov/ora/menu/Published/CNP/FILES/saladbar.pdf>

#### Policy Memo SP 02-2011 on Salad Bars in the National School Lunch Program

[http://www.fns.usda.gov/cnd/governance/Policy-Memos/2011/SP%2002-2011\\_os.pdf](http://www.fns.usda.gov/cnd/governance/Policy-Memos/2011/SP%2002-2011_os.pdf)

#### USDA Child Nutrition Commodity Foods

Policy and resources available for the administration of the USDA's Schools/Child Nutrition (CN) Commodity Programs which include the National School Lunch Program (NSLP), Child and Adult Care Food Program (CACFP), and the Summer Food Service Program (SFSP).

<http://www.fns.usda.gov/fdd/programs/schcnp/>

#### Best Practices: Handling Fresh Produce in Schools

A factsheet that describes best practices for handling all types of produce, along with practices specific to leafy greens, tomatoes, melons, and sprouts.

[http://www.fns.usda.gov/fns/safety/pdf/best\\_practices.pdf](http://www.fns.usda.gov/fns/safety/pdf/best_practices.pdf)

### **How-To Guides:**

#### The Crunch Lunch Manual (Davis, CA Joint Unified School District, March 2003)

<http://saladbars2schools.org/pdf/crunch-lunch.pdf>

#### A Salad Bar Featuring Organic Choices (Olympia, WA School District, April 2003)

[http://www.farmtoschool.org/files/publications\\_102.pdf](http://www.farmtoschool.org/files/publications_102.pdf)

#### Riverside FM Salad Bar Handbook

<http://saladbars2schools.org/pdf/Riverside-FM-Salad-Bar-Handbook-Edited-2010.pdf>



## Let's Move Salad Bars into Missouri Schools! Resource Kit



### **Salad Bars in Schools**

Brief overview of manual "How to Develop a Salad Bar for School Lunch Menu Program" by Wendy Slusser, MD, MS. Provides detailed information for salad bar implementation, planning, and monitoring salad bar for success.

[http://www.fns.usda.gov/tn/healthy/5\\_Day/salad\\_bars.pdf](http://www.fns.usda.gov/tn/healthy/5_Day/salad_bars.pdf)

### **Fundraising Tips**

[http://saladbars2schools.org/pdf/Fundraising\\_Tips\\_LMSB2S.pdf](http://saladbars2schools.org/pdf/Fundraising_Tips_LMSB2S.pdf)

### **Promoting Fruits and Vegetables**

**Fruit and Vegetables Galore** – A tool for school foodservice professionals packed with tips on planning, purchasing, protecting, preparing, presenting and promoting fruits and vegetables. Use all these materials to get students excited about eating healthfully.

[http://www.fns.usda.gov/tn/resources/fv\\_galore.html](http://www.fns.usda.gov/tn/resources/fv_galore.html)

### **The Lunchbox Resources**

The Lunch Box is an online toolkit with healthy tools for all schools. This website offers a variety of information in regards to menus & recipes, resources, technical tools, community feedback, and videos to successfully implement salad bars.

<http://www.thelunchbox.org/resources/salad-bar>

### **Rainbow Days: A Food Services Student Activity to Engage Kids with Salad Bars**

[http://saladbars2schools.org/pdf/Rainbow\\_Day\\_A\\_Salad\\_Bar\\_Student\\_Activity\\_Guide.pdf](http://saladbars2schools.org/pdf/Rainbow_Day_A_Salad_Bar_Student_Activity_Guide.pdf)

### **Farm to School**

#### **National Farm to School Network**

<http://www.farmtoschool.org/MO/programs.htm>

#### **Missouri Farm to School Program**

<http://mofarmtoschool.missouri.edu/>

#### **School Garden to Cafeteria Liability**

[http://saladbars2schools.org/pdf/SchoolGarden\\_to\\_Cafeteria\\_Liability\\_May2011](http://saladbars2schools.org/pdf/SchoolGarden_to_Cafeteria_Liability_May2011)

#### **Farm to School Salad Bar Dig In!**

Report (Public Health Association of British Columbia (PHABC), Aug. 2008)

<http://www.phabc.org/modules.php?name=Farmtoschool&pa=showpage&pid=4>



## **Evidence Supporting Salad Bars**

### **Chicago's "Cool Food" Program of Salad Bars in Schools Boosts Healthy Eating for Children**

<http://www.rwjf.org/reports/grr/053126.htm>

#### **Case Studies:**

##### **Santa Monica-Malibu SD (CA)**

<http://www.cafarmtoschool.org/program-detail.php?id=25>

##### **Ventura Unified SD (CA)**

<http://www.cafarmtoschool.org/program-detail.php?id=28>

### **The Salad Bar Lunch Program: A Fresh Approach to School Lunch (Toronto Food Share, 2005)**

[http://www.phabc.org/files/farmtoschool/Salad\\_Bar\\_Manual.pdf?NSNST\\_Flood=a51199b9a59a925e92e42c97a695516a](http://www.phabc.org/files/farmtoschool/Salad_Bar_Manual.pdf?NSNST_Flood=a51199b9a59a925e92e42c97a695516a)

### **Eat Your Colors Every Day Salad Bar and Salad Options Project in Florida Schools**

Project designed to increase student consumption of fresh produce by implementing, enhancing and expanding salad bars and a variety of salad bars in schools. Project successfully increased fruit and vegetable consumption ranging from 9% to 31% by incorporating foodservice models, promotion material, and nutrition education.

<http://www.pbhfoundation.org/about/history/past/saladbar/>

### **Center of Excellence for Training and Research Translation Evaluation: *Riverside (CA) Unified School District Farmers' Market Salad Bar Program***

The Riverside Unified School District (RUSD) Farm to School Program is a practice-based intervention designed to promote healthy eating in children by increasing the availability of fruits and vegetables in school lunches and providing nutrition education to increase knowledge of and improve attitudes toward eating a variety of locally grown produce.

<http://www.saladbars2schools.org/pdf/Riverside-SBP.pdf>

## **Let's Move Salad Bars Equipment Information**

### **Salad Bar Owner's Manual and Assembly Instructions**

[Versa Bar Manual](#)

### **Salad Bar Brochure**

[Salad Bar Brochure](#)